



EYELINER

*Pre care & After care
Whats Normal
Healing Process*

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COSMETICS

EYELINER PRECARE

- Ensure to eat and drink some water before your appointment
- Avoid alcohol/caffeine consumption for 24 hours (as these increases risk of bleeding, sensitivity and bruising)
- Avoid blood thinning medications for 24 hours (eg. Fish oil supplements, Aspirin, Niacin (Vitamin B3), Vitamin E or Ibuprofen/Advil etc.).
- Avoid sun tanning for 1 week
- Eyelash extensions should be removed at least 3 days before appointment
- Avoid eyelash perming/lashlifts/tinting at least 3 days
- Discontinue use of Retin-A/Retinol eye cream/serums for at least 1 week
- NO Botox near the eye area for 2 weeks
- Discontinue use of lash growth serums at least 3 months (6 months if medical graded)
- Contact lenses are not recommended incase of swelling or discomfort. Please bring reading glasses instead.

- What to Expect During the treatment?

After discussing the style you want. I will numb your eyelids, otherwise he/she will start by mapping out a design for you. Once you have agreed on the design and colour, I will begin the tattoo procedure. During the procedure, a secondary numbing may be applied for your comfort. Once the tattoo is completed, I will perform an eye bath with sterile water and go over the aftercare instructions with you.

- How much pain should I be expecting?

Most clients report a tickling sensation however, pain level varies between clients as we all have different pain thresholds. Most people would rate the pain level between 0 to 3 out of 10, with 10 being the highest pain.

EYELINER AFTERCARE

- Day 1-3

Swelling and redness is normal. Rinse your eyes with saline water to wash off any lymph build up and gently pat dry the area with a clean tissue or cotton pad

- Day 3

Wash the skin around your eye area twice a day (AM/PM). Using a gentle, unscented soap (eg. Cetaphil) with your fingertips, gently clean the eyelid and pat dry with a clean tissue. After eyelid is completely dry, can apply aftercare ointment 2-3 times a day for 7 days (this step is for shaded liners only not for lash line enhancements).

- Day 7-10

Scabbing can take up to 7-10 days to fall off. Please DO NOT PICK and let them fall off naturally. You may notice some scabs hanging on your eyelashes, make sure they are fully detached from the skin and is soft enough to slide off or you could risk pulling out your eyelashes. The colour may appear 30-50% lighter once the scabs fall off and will gradually darken as they heal over the next few weeks.

- Day 28

Your tattoo is fully healed at this stage and you are ready for your follow up session. This is where we observe how your skin accepted the initial application and make adjustments to perfect the shape and colour.

IMPORTANT NOTE

- No makeup is allowed on the eye area for 2 weeks.
- Avoid sweaty or any water exercises such as swimming, hot sauna, hot yoga
- Avoid long hot/steamy showers
- Eyelid may be a little dry and itchy - DO NOT PICK or RUB the eyes
- Avoid drinking too much water before bed to prevent swelling
- Sleep elevated on a 45 degrees angle to prevent swelling

HEALING PROCESS

Day 1

- There may be some discomfort. Some redness/swelling is normal and will subside.
- Icepack can be used to reduce swelling (only works within the first 72hrs).
- Avoid salty or processed foods (these increase swelling and prolong healing).
- Avoid alcohol, as it delays healing, increase chances of swelling and bruising.

Day 3








- The liner will appear 30% darken and slightly thicker, this is due to color oxidation and swelling. Client may wake up with slightly puffy eyes (Recommend cold compress and inclined sleeping). Scabbing will form and your eyelids may feel tight and dry but not painful.

Day 4-10

- Swelling should be gone/reduced by now. The tattoo scabs will begin to flake off in random spots and look patchy until there are no scabs left.
- It is common for the color to appear light at first and will gradually darken as the skin heals.

Day 28

- At 4 weeks, skin is fully healed. Touch up is due. Wait another 1-2 weeks for Shaded liners.
- Just like any PMU procedure, Eye enhancement tattoo is a two step process.

Day 1		Looks too dark, red, irritated & swollen
Day 2		Area feels dry and tender
Days 3 - 4		Scabbing, then flaking
Days 5 - 10		Flaking ends, pigments look too light
Days 11 - 14		No need for aftercare anymore
Days 15 - 40		Color slowly darkens
Day 41		Touch up time!