



EYEBROWS

*Pre care & After care
Whats Normal
Healing Process*

EX

EYEBROWS PRECARE

- Do not take aspirin, ibuprofen, fish oils, vitamin E, niacin, or drink excessive alcohol at least 48 hours prior to your procedure.
- Do not take any prescription blood thinners at least 48 hours prior to your procedure.
- Discontinue any vitamin A skin care products (Retin-A, retinols) close to the enhancement area at least two weeks prior to your procedure.
- Discontinue use of AHA (chemical exfoliation) skin care products close to the area to be tattooed at least one week prior to your procedure.
- No laser or electrolysis on or around the treatment area one week prior to procedure.
- No Botox or fillers in the procedure area less than one week prior.
- Due to unwanted elements Limit the amount of caffeine you consume the morning of your appointment.
- Do not have any chemical peels, dermabrasions, mesotherapy, or any other intense treatments which will cause faster skin cell rejuvenating and cause skin irritation 3-4 weeks before procedure.
- If you have been on prescription Accutane in the past, you MUST wait at least one year before considering this procedure.
- It is highly recommended that you avoid SUN and TANNING BED exposure for 30 days BEFORE and AFTER your procedure. If you show up for your appointment with a new tan or a sunburn, you will need to reschedule and will forfeit your booking fee. As your skin exfoliates from a sunburn, it will take the pigment with it.

EYEBROWS AFTERCARE

- Gently clean the tattooed area using a cotton pad soaked in sterile water or saline solution.
- Use a gentle, unscented cleanser to clean the eyebrows in the morning and evening.
- Avoid Touching or Picking: Refrain from touching or picking at the tattooed area to prevent infection and ensure proper healing.
- Apply Post-Care Ointment: Use the post-care ointment provided by your artist or recommended aftercare product.
- Apply a thin layer of ointment on your eyebrows with clean hands, using a cotton swab or a clean fingertip. Do this 2 to 3 times a day for the first 7 to 10 days or as advised by your artist.
- Avoid Water, Sweat, and Moisture: Keep your eyebrows dry for the first 7 to 10 days after the procedure.
- Avoid swimming, saunas, steam rooms, and strenuous workouts that cause excessive sweating.
- No Makeup on the Eyebrows: Refrain from applying makeup or any other products on or around the tattooed area during the healing process.
- Avoid Sun Exposure: Protect your eyebrows from direct sunlight and avoid tanning beds during the healing process.
- Wear a wide-brimmed hat or use sunscreen on your forehead if you need to be in the sun.
- No Excessive Rubbing or Scrubbing: Avoid rubbing, scrubbing, or scratching the treated area, as it may interfere with the healing process.
- Avoid Retinoids or AHA Products: Do not use products containing retinoids, glycolic acid, or any exfoliants on your eyebrows during the healing process.
- Be Patient with the Healing Process: Your eyebrows will go through different stages of healing, including slight scabbing and flaking. This is normal.
- Avoid picking at any scabs or dry skin, as it can affect the final result.
- Follow Up for a Touch-Up: A touch-up session may be required 4 to 8 weeks after the initial procedure to perfect the eyebrow shape and color.

WHATS NORMAL AFTER BROWS TATTOO

- Swelling, Itching, Scabbing, light bruising and dry tightness. Ice packs are a nice relief for swelling and bruising. Aftercare calm is nice for scabbing and tightness.
- Too dark and slightly uneven appearance. After 2-7 days the darkness will fade and once swelling dissipated unevenness usually disappears. If they are too dark or still a bit uneven after 4 weeks then we will make adjustments during the touch up appointment.
- Color change or color loss. As the procedure area heals the color will lighten and sometimes seem to disappear. This can all be addressed during the touch up appointment and is why the touch up necessary. The procedure area has to be completely healed before we can address any concerns. This takes at least 6 weeks.
- Needing a touch up months or years later. A touch up may be needed 1 to 5 years after the initial procedure depending on your skin, medications and sun exposure. We recommend a touch up
- 6-12 weeks after the first session and every few years to keep them looking fresh and beautiful.

Following these aftercare instructions diligently will help ensure that your eyebrow tattoo heals properly and that you achieve beautiful, long-lasting results. Remember that each person's healing process may vary, so be patient and give your eyebrows the care they need during this time.