



# LIP BLUSH

*Pre care & After care  
Whats Normal  
Healing Process*

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Aesthetic

# LIP BLUSH PRECARE

- Do not take aspirin, ibuprofen, fish oils, vitamin E, niacin, or drink excessive alcohol at least 48 hours prior to your procedure.
- Do not take any prescription blood thinners at least 48 hours prior to your procedure.
- Discontinue any vitamin A skin care products (Retin-A, retinols) close to the enhancement area at least two weeks prior to your procedure.
- Discontinue use of AHA (chemical exfoliation) skin care products close to the area to be tattooed at least one week prior to your procedure.
- No laser or electrolysis on or around the treatment area one week prior to procedure.
- No Botox or fillers in the procedure area less than one week prior.
- Due to unwanted elements Limit the amount of caffeine you consume the morning of your appointment.
- Do not have any chemical peels, dermabrasions, mesotherapy, or any other intense treatments which will cause faster skin cell rejuvenating and cause skin irritation 3-4 weeks before procedure.
- If you have been on prescription Accutane in the past, you MUST wait at least one year before considering this procedure.
- It is highly recommended that you avoid SUN and TANNING BED exposure for 30 days BEFORE and AFTER your procedure. If you show up for your appointment with a new tan or a sunburn, you will need to reschedule and will forfeit your booking fee. As your skin exfoliates from a sunburn, it will take the pigment with it.
- Bring in your favorite lip color if you have a specific color your wanting to achieve

# LIP BLUSH AFTERCARE

- Keep the area clean by gently wiping with a baby wipe every 30 minutes for the first 3 hours to remove plasma and fluids
- After eating and drinking, clean area with baby wipe and apply aftercare balm with clean hands or cotton tip
- No kissing etc for at least 3 days - this is an open wound and you want to minimize risk of infection / sharing bodily fluids during healing time
- Avoid whitening toothpaste for 7 days
- If you use skin care products with active ingredients, be sure to not get product too close to your lips
- NO SMOKING during healing process as this can cause pigmentation and darken the lips as this can effect color retention
- Apply the aftercare balm (Vaseline or Paw Paw Ointment) with freshly washed hands or a cotton -tip. Use the balm very sparingly. Too little is better than too much.
- Blot off excess with a clean tissue. Never touch the procedure area without washing your hands immediately before.
- Do not scrub, rub or pick at the epithelial crust that forms. Allow it to flake off by itself. If it is removed before it is ready, the pigment underneath it can be pulled out.
- Do not use any makeup on the procedure area for at least 3 days. Purchase new makeup if possible to avoid contamination or bacterial infection.
- Always use a sun block after the procedure area is healed to protect from sun fading.

# WHAT'S NORMAL AFTER LIP BLUSH

- Swelling, Itching, Scabbing, light bruising and dry tightness. Ice packs are a nice relief for swelling and bruising. Aftercare calm is nice for scabbing and tightness.
- Too dark and slightly uneven appearance. After 2-7 days the darkness will fade and once swelling dissipated unevenness usually disappears. If they are too dark or still a bit uneven after 4 weeks then we will make adjustments during the touch up appointment.
- Color change or color loss. As the procedure area heals the color will lighten and sometimes seem to disappear. This can all be addressed during the touch up appointment and is why the touch up necessary. The procedure area has to be completely healed before we can address any concerns. This takes at least 6 weeks.
- Needing a touch up months or years later. A touch up may be needed 1 to 5 years after the initial procedure depending on your skin, medications and sun exposure. We recommend a touch up
- 6-12 weeks after the first session and every few years to keep them looking fresh and beautiful.

Important Note: The healing process varies from person to person. Some individuals may heal faster than others, and the intensity of the lip blush may vary during the initial healing stage. It's crucial to follow your lip blush artist's aftercare instructions diligently to ensure the best possible outcome and long-lasting results.